

Holograph Fragment of Missionary Travels and Researches in South Africa, January-October 1857

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[0001]

[*Note: 1 pp. 366-367*] of the 5th Cypriano supplied my men generously with pumpkins and maize and then invited me to breakfast - which consisted of earth nuts and roasted maize - Then boiled manioc roots and earth nuts - [^] ~~Then~~[with] guavas and honey as a desert - I felt sincerely grateful for this glorious [^] [magnificent] breakfast

At dinner Cypriano was equally successful[bountiful] and several of his friends joined us ~~at it in~~ doing justice to his hospitality one of them cut up a fowl with a knife & fork ~~and the others~~ ~~Then~~ [Before eating] all had water poured on the hands [by a female slave] to wash them

Neither forks nor spoons [however] were used ~~for~~[in] eating ~~but~~ the repast was partaken of with decency and good manners [*Note: 28*] and concluded by washing the hands ~~again~~ - as at first

All of them could read and write with ease I examined ~~all~~ the books they possessed and found a small work on medicine

[0002]

[0003]

nor varied [The Senegal long claw however maintains its place
and is the largest bird seen - We saw a butcher bird
in a trap as
we passed] [There are] Remarkably few small animals
they having been hunted almost to extinction few
insects except ants wh abound in considerable number
and variety [There are
scarcely any
common flies
to be seen nor
are we ever
troubled by
mosquitoes] The air is still hot and oppressive [The intensely
bright sunlight
glances peace
fully on the
evergreen
forest leaves
and all feel
glad when
the path
comes into
the shade]

The want of life in ' scenery made me long to tread
again ' banks ' ' Zambesi and see ' graceful antelopes
feeding beside ' dark buffalo and sleek elands
Here hippopotami are known to exist only by '
footprints on ' banks No one is ever seen to blow
[*Note: 2 & 3*] or put his head up at all They have learned to
[*Note: pp. 454-456*] breathe in silence and [^] [keep] out of sight We never
heard one uttering ' snorting sound so common on the
Zambesi We crossed two small streams

[Kangesi
the Kanesi &
Fombeji] before reaching Cabango a village situated on '
banks of ' river Chihombo The country
was becoming more densely peopled as we pro-
ceeded but it bears no population compared to
what it might easily sustain provisions
were to be had in great abundance a fowl
and basket ' meal weighing 20lbs was sold for
1 ½ yds of very inferior cotton cloth worth not
more than 3 pence An idea ' ' cheapness of
food may be formed from ' fact that Capt
Neves purchased 380lbs ' tobacco from ' Bangalas
for about 2 pounds Sterling This when carried into
Central Londa might purchase seven thousand
five hundred fowls or feed with meal & fowls
seven thousand persons for one day giving each a fowl
and 5 lbs ' meal When food is purchased
here with either salt or coarse calico 4 persons

can be well fed with animal & vegetable
food at ' rate ' one penny a day - The Chief
vegetable food is ' manioc and lotsa meal
They These contain a very large proportion ' starch

[0004]

[0005]

and when eaten alone for any length ' time pro-
duce most distressing heartburn and as we ourselves
experienced in coming north cause a weakness ' vision
as occurs in 'case ' animals fed on pure gluten or
amylaceous matter only - I now discovered that
when these starchy substances are eaten along
with a proportion of earthnuts ~~pu wh~~ [^] [contain] ~~sweet-oil~~
'essence is made [a considerable quantity of oil] no injurious effects follow

While on ' way to Cabango we saw fresh tracks
' elands the first we had ~~seen~~[observed] in this country
a poor little slave girl ~~belonging to~~ being sick turned
aside in ' path and though we waited all ' next day
making search for her she was lost ~~probably she~~
she was tall and slender for her age as if of too quick
growth and probably unable to bear ' fatigue ' the
march lay down and slept in ' forest then
waking in ' dark went farther and farther
astray The treatment ' ' slaves when witnessed
by my men certainly did not raise slaveholders
in their estimation Their usual exclamation
was "Ga ba na pelu" (They have no heart) and
added in reference to ' slaves "Why do they let them?"
as if they thought that ' slaves had [^] a['] natural right to
rid ' world ' such heartless creatures and ought
to do it The uneasiness ' ' trader ~~is~~[was] continually
showing itself and upon ' whole he had reason to be
on ' alert both day & night the carriers stole
perpetually ' goods entrusted to their care and
he could not openly accuse them lest they
might plunder him of all and leave him quite
in the lurch - he could only hope to manage
them after getting all ' remaining good safely into
a house in Cabango then he might deduct
something from their pay for what they had purloined

[0006]

[Leaves from Manu
script of D^r Living-
stone's Travels in
Africa given by the

author to D^r Keith
of Hamilton -]